



## **Kutztown University Policy STU-008**

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### **Eligibility for University Counseling Services**

#### **A. Purpose**

The purpose of this policy is to define the population served by the office of Counseling and Psychological Services (CPS).

#### **B. Scope**

This policy provides eligibility guidelines for services provided by CPS to all referral sources within the University community.

#### **C. Definition(s)**

Counseling and Psychological Services – Consultation, referral, crisis intervention, individual and group psychotherapy.

Full-time Student – A student currently enrolled at Kutztown University for at least 12 undergraduate credits or 9 graduate credits.

Initial consultation - The initial counseling session in which an assessment of needs is completed and a preliminary recommendation about appropriate services is made.

Referral - The provision of information regarding appropriate counseling resources in the community based on specific client needs.

#### **D. Policy & Procedure(s)**

The office of Counseling and Psychological Services (CPS) provides services to full time undergraduate and graduate students. Because CPS serves as a training site for graduate level practicum students, graduate students from the Department of Counseling and Human Services are eligible for crisis intervention and referral only. Referral and crisis intervention services will be offered to part-time students or students who present with needs that exceed the resources of CPS or who would best be served by a community provider.

#### **E. Effective Date**

September 8, 1995  
Revised 7/5/2007

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**F. Last Reviewed**

August, 2010

August, 2012

August, 2013

August, 2014